



Course Plan (Syllabus)

First: Course Information

Faculty: Nursing	
Department: Community and Mental Health Nursing	Program: Master
Academic Year: 2024/2025	Semester: Second

Course No.: 0801701	Course Title: Nursing Theories: development and application		
Credit Hours: 3 hours	Theoretical: 3 hours	Practical: 0 hour	
Prerequisite No.: None	Prerequisite Title: None		
Section No.:1	Lecture Day(s):	<input type="checkbox"/> Sun <input type="checkbox"/> Tue <input type="checkbox"/> Thu <input type="checkbox"/> Fri <input checked="" type="checkbox"/> Sat <input type="checkbox"/> Mon <input type="checkbox"/> Wed	Lecture Time: (12-3) pm
Level in JNQF	Level 9	Virtual Hours JNQF 126	
Type of Course	Obligatory Faculty		
Type of Learning	Blended Learning (2 Face-to-Face + 1 Asynchronous)		

Second: Instructor's / Coordinator's Information

Course Instructor	Name: Dr. Ghada Abu Shosha				Academic Rank: Professor		
	Office No.:249 D		Ext. No.: 1775		Email: ghada_abushosha@zu.edu.jo		
	Office Hours	Sun 11-12 12-1	Mon	Tues 11-12 12-1	Wed 11-12 12-1	Thu 11-12 12-1	Sat
Course Coordinator	Name: Dr. Ghada Abu Shosha				Academic Rank: Professor		
	Office No.:249 D		Ext. No.: 1775		Email: ghada_abushosha@zu.edu.jo		

Third: Course Description

This course provides students with the analytical skills that are needed to evaluate nursing concepts, frameworks, models and theories. Students will critically appraise theory development, logical reasoning, and applicability of nursing theories and frameworks to advanced professional nursing practice, education, and research.



Course Plan (Syllabus)

Fourth: Course Objectives

Upon successful completion of this course, students will be able to:

1. Discuss the history and philosophy of nursing science.
2. Analyze concepts and their relationships for theory development.
3. Evaluate theoretical frameworks for nursing research.
4. Apply theories of population diversity and cultural competence to nursing education, administration, and advanced practice.
5. Apply system and change theories to health care delivery, administration, and education.
6. Evaluate usefulness of other theories from nursing and related disciplines to nursing practice, education, and administration.

Fifth: Learning Outcomes

Level descriptor according to (JNQF) *	CILOs Code	CILOs	Associated PILOs Code <i>Choose one PILO for each CILO**</i>	Assessment Methods	Scores out of 100
Knowledge	K1	Demonstrate an understanding of the history and evolution of nursing theories/models.	P1	Exams Assignments	12
Knowledge	K2	Discuss conceptual models/grand theories in nursing, the major premises of each, and systematically analyze the components.	P1	Exams Assignments	13
Knowledge	K3	Identify the most appropriate	P2	Exams Assignments	12



Course Plan (Syllabus)

		theory/ model to be integrated in nursing practice, administration, education, research, and decision making.			
Skills	S1	Analyze the historical evolution and philosophical tenets of theory development in nursing.	P2	Exams Assignments	14
Skills	S2	Demonstrate effective communication with patients, families, students, and healthcare providers while applying nursing concepts and theories in nursing education, administration, and advanced practice.	P3	Exams Assignments	13
Skills	S3	Generate theory-based health policies that address client specific health needs considering cost management, resource allocation, and patient-centered care.	P5	Exams Assignments	12
Competencies	C1	Reflect on the application of	P4	Exams Assignments	12



Course Plan (Syllabus)

		nursing theory and consider the impact of these constructs on decision-making, collaboration, and planning.			
Competencies	C2	Develop theory-based ethical leadership strategies that promote accountability, responsibility, and effective management within nursing field.	P6	Exams Assignments	12

* <https://jnqf.heac.org.jo/?v=5.20.10.28.2&url=ar/Manuals>; ** Program Outcome Competencies (Learning outcomes) Code (PILOS); CILOs: Course Intended Learning Outcomes

Sixth: Learning Resources

Main Reference: Nursing theorists and their work		
Author: Alligood, M.R	Edition: 10 th ed.	Publication Year: 2022
Additional resources: Smith, M.C. (2020) Nursing Theories and Nursing Practice. 5th Edition, F.A. Davis Company, Philadelphia.		
Teaching Context	<input checked="" type="checkbox"/> Classroom <input type="checkbox"/> Laboratory <input type="checkbox"/> Workshop <input checked="" type="checkbox"/> MS Teams <input checked="" type="checkbox"/> Moodle	



Course Plan (Syllabus)

Seventh: Course Structure

Lecture Date	Topics	CILOs Codes	Teaching Procedures	Teaching Methods	References
2025/03/08	<ul style="list-style-type: none"> - Introduction and overview of the course - Introduction to nursing theories/ models 	K1	Face-to-Face	Discussion Lecture Collaborative-learning Self reading Case study	Chapter 1-3 Alligood, (2022)
2025/03/15	<ul style="list-style-type: none"> - Introduction to nursing theories/ models: Its history and significance: - Definitions of nursing theories - Nursing theories in the context of nursing knowledge - History of nursing theories - Types of nursing theories - Concepts and definitions - Component of theories 	K1, K2, K3, S1, C1	Asynchronous	Discussion Lecture Collaborative-learning Self reading Case study	Chapter 1-3 Alligood, (2022)
2025/03/22	<ul style="list-style-type: none"> - Analysis and evaluation of nursing theories/models: - Purpose of theory analysis and evaluation - Overview of theory analysis, application and critique - Evaluation methods 	K1, K2, K3, S1, C1	Face-to-Face	Discussion Lecture Collaborative-learning Self reading Case study	Chapter 1-3 Alligood, (2022)
2025/03/29	<ul style="list-style-type: none"> - Nursing Philosophies - Nightingale - Watson - Ray 	K1-K3 S1-S3 C1-C2	Asynchronous	Discussion Lecture Collaborative-learning Self reading Case study	Alligood, (2022)
2025/04/05	<ul style="list-style-type: none"> - Nursing Philosophies...cont'd - Benner - Martinsen - Eriksson 	K1-K3 S1-S3 C1-C2	Face-to-Face	Discussion Lecture Collaborative-learning Self reading Case study	Alligood, (2022)
2025/04/12	<ul style="list-style-type: none"> - Nursing Conceptual Models - Levine - Rogers - Orem - King 	K1-K3 S1-S3 C1-C2	Asynchronous	Discussion Lecture Collaborative-learning Self reading	Alligood, (2022)



Course Plan (Syllabus)

				Case study	
2025/04/19	<ul style="list-style-type: none">- Nursing Conceptual Models...cont'd- Neuman- Roy- Johnson	K1-K3 S1-S3 C1-C2	Face-to-Face	Discussion Lecture Collaborative-learning Self reading Case study	Alligood, (2022)
Midterm Exam: 26/4/2025					
2025/05/03	<ul style="list-style-type: none">- Theories and Grand Theories- Meleis- Pender- Leininger- Newman- Parse	K1-K3 S1-S3 C1-C2	Asynchronous	Discussion Lecture Collaborative-learning Self reading Case study	Alligood, (2022)
2025/05/10	<ul style="list-style-type: none">- Theories and Grand Theories...cont'd- Erickson, Tomlin, and Swain- Husted and Husted	K1-K3 S1-S3 C1-C2	Face-to-Face	Discussion Lecture Collaborative-learning Self reading Case study	Alligood, (2022)
2025/05/17	<ul style="list-style-type: none">- Middle-Range Theories- Mercer- Mishel- Reed	K1-K3 S1-S3 C1-C2	Asynchronous	Discussion Lecture Collaborative-learning Self reading Case study	Alligood, (2022)
2025/05/24	<ul style="list-style-type: none">- Middle-Range Theories...cont'd- Eakes, Burke, and Hainsworth- Barker- Kolcaba	K1-K3 S1-S3 C1-C2	Face-to-Face	Discussion Lecture Collaborative-learning Self reading Case study	Alligood, (2022)
2025/05/31	<ul style="list-style-type: none">- Middle-Range Theories...cont'd- Beck- Swanson- Ruland and Moore	K1-K3 S1-S3 C1-C2	Asynchronous	Discussion Lecture Collaborative-learning Self reading Case study	Alligood, (2022)
2025/06/07	Holiday: Eid Al-Adha				
Final Exam: 2025/06/21					



Course Plan (Syllabus)

Eighth: Assessment Methods

Assessment Method	Score Identified for each Assessment	Specific Course Output to be Assessed*							
		K1	K2	K3	S1	S2	S3	C1	C2
Mid-term Exam	30	4	4	3	5	4	4	3	3
Asynchronous Activities	15	2	2	2	2	2	1	2	2
Group presentation	15	1	2	2	2	2	2	2	2
Final Exam	40	5	5	5	5	5	5	5	5
Total out of 100	100	12	13	12	14	13	12	12	12

* Refer to document ([Guidelines-for-Nursing-Programs-Accreditation-at-Jordanian-Universities](#))

Ninth: Course Policies

All course policies apply across **all teaching modes**, including **online, blended, and face-to-face learning**.

- **Punctuality:** Attend on time; late work may lose marks.
- **Participation:** Engage in discussions, group work, and assignments.
- **Attendance & Exams:** Mandatory attendance; valid excuse required for absences.
- **Academic Integrity:** No cheating, plagiarism, or unauthorized collaboration.
- **Ethical Conduct:** Respectful behavior is required online and offline.
- **Technology Use:** Follow platform rules; no misuse of digital tools.

Approval	Name	Date	Signature
Head of Department	Dr. Islam Al-Oweidat	select a date	
Faculty Dean	Dr. Ahmed Rayan	select a date	