



Name : Dr.Nidal F. Eshah

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Faculty of Nursing

Academic Rank: Associate Professor

Membership:

1	A member of the European Society of Cardiology - Council on Cardiovascular Nursing and Allied Professions (CCNAP).
2	A member of the European Society of Cardiology Working Group on Hypertension and the Heart.
3	A member of the European Association for Cardiovascular Prevention and Rehabilitation (EACPR).
4	Jordanian Nurses and Midwives Council.

Qualifications:

1	PhD in Nursing - University of Jordan, Amman - Jordan
2	MSN in Critical Care Nursing - Jordan University of Science and Technology, Irbid - Jordan.
3	Bachelor in Nursing Sciences - Baghdad University, Baghdad – Iraq.

Professional Objective(s): To contribute effectively in building nursing profession in Jordan, and advance the quality of nursing research in the country.



Teaching Experience:

<u>Position</u>	<u>Location</u>	<u>Duration</u>
Associate Professor	Zarqa University – Faculty of Nursing- Jordan	September 2014 – Till now
Assistant Professor	Zarqa University – Faculty of Nursing- Jordan	June 2009 - September 2014
Lecturer	Zarqa University – Faculty of Nursing- Jordan	September 2006 - June 2009

Publications:

A- Published Manuscripts

- Al Daken L_& Eshah NF. Self-reported adherence to therapeutic regimens among patients with hypertension. **Clinical & Experimental Hypertension**. (2017); 39(3), 264-270.
- Haddad N, Saleh M, Eshah NF. Anxiety levels in cardiac patients undergoing Cardiac Catheterization. **British Journal of Cardiac Nursing**. (2017); In press.
- Mosleh S, Eshah NF, Dar Awwad M. Percutaneous coronary intervention and heart surgery learning needs of patients in Jordan. **International Nursing Review**. (2016); DOI: 10.1111/inr.12318.
- Alazzam M, Albashtawy M, Manal K, Eshah NF, Baker O, Alomari O, Alkhalwaldeh A. Advantages and disadvantages of studying the family as a context approach when dealing with a school aged child



diagnosed with Attention Deficit Hyperactivity Disorder. *Iran Journal of Public Health*, (2016); 45(10), 1369-1370.

- Mosleh S, Eshah NF, Almalik M. Perceived Learning Needs According to Patients who have Undergone major Coronary Interventions and their Nurses. *Journal of Clinical Nursing*. (2016); DOI:10.1111/jocn13417.
- Eshah NF & Al Daken L. Assessing Publics' Knowledge about Hypertension in a Community-Dwelling Sample. *Journal of Cardiovascular Nursing*. (2016); 31(2): 158-165.
- Eshah NF & Rayan AH. Psychological Burden of a relative's Cardiac Intensive Care Unit admission. *British Journal of Cardiac Nursing*. (2015); 10(4): 194-200.
- Eshah NF & Rayan AH. Predicting the Negative Emotional Symptoms in Relatives of Patients Residing in Intensive Care Unit. *Global Journal on Advances in Pure and Applied Sciences*. (2015); 7: 21-28.
- Eshah NF. "Ischemic Heart Diseases: The unrecognized killer in the Jordanian community". *Journal of behavioral Health*. (2014); 3(1), 58-64.
- Eshah NF. "Predischarge Education Improves Adherence to a Healthy Lifestyle among Jordanian Patients with Acute Coronary Syndrome". *Nursing and Health Sciences*. (2013); 15: 273-279.



- Eshah NF. "Seeking Medical Attention among Jordanian Patients with Acute Myocardial Infarction". ***European Scientific Journal***. (2013); special edition 3: 753-761.
- Eshah NF. "Knowledge of Stroke and Cerebrovascular Risk Factors among Jordanian Adults". ***Journal of Neuroscience Nursing***. (2013); 45(5). 13-19.
- Eshah NF. "Jordanian Acute Coronary Syndrome Patients' Learning Needs: Implications for Cardiac Rehabilitation and Secondary Prevention Programs". ***Nursing and Health Sciences***. (2011); 13: 238-245.
- Eshah NF. "Lifestyle and Health Promoting Behaviors in Jordanian Subjects without Prior History of Coronary Heart Disease". ***International Journal of Nursing Practice***. (2011); 17: 27-35.
- Bond A. Eshah NF. Bani-Khalid M. et al. "Who Uses Nursing Theory? A Univariate Descriptive Analysis of Five Years Research Articles". ***Scandinavian Journal of Caring Sciences***. (2011); 25: 404 – 409.
- Eshah NF. Bond A. Froelicher ES. "The Effects of a Cardiovascular Disease Prevention Program on Knowledge and Adoption of a Heart Healthy Lifestyle in Jordanian Working Adults". ***European Journal of Cardiovascular Nursing***. (2010); 9: 244-253.
- Eshah NF. Bond A. "Acute Myocardial Infarction Survivors Experiences: a Qualitative Literature Review". ***Jordanian Medical Journal***. (2009); 43(3): 238-246.



- Eshah NF. Bond A. "Cardiac Rehabilitation Program for Coronary Heart Disease Patients: An Integrative Literature Review". *International Journal of Nursing Practice*. (2009); 15: 131-139.

B- Manuscripts in Review:

- Patterns, knowledge, attitudes, and beliefs about waterpipe among Jordanian adults only smoked waterpipe
- Effects of a Nurse-Led Video Education Program on Anxiety Level among Patients Undergoing Percutaneous Coronary Interventions
- Profile of Adults Who Develop Myocardial Infarction at 45 Years Old or Less.

C- Manuscripts Under Construction:

- Are Jordanian Coronary Syndrome Patients Ready to Change their Behaviors?
- The expected role of decisional balance in making behavior change among Jordanian patients with hypertension
- Investigating Cardiovascular Patients' Preferences and Perspectives regarding Health Education
- Sociodemographic, and depression correlates of waterpipe smoking dependency in Jordan



Conferences:

- Speaker in the Euro Prevent- 2017; European Congress on Preventive Cardiology, from 6-8 April 2017 in **Malaga, Spain**.
- Invited guest Speaker in the Euro Heart Care- 2016; Annual Congress of the Council on Cardiovascular Nursing and allied Professions, from 15-16 April 2016 in **Athena, Greece**.
- *Speaker in the International Cardiology & Cardiovascular Medicine Summit- 2016; Recent Advances and Future Trends in Cardiology, February, 2016 in Dubai, United Arab Emirates.*
- Speaker in the Euro Heart Care- 2015; Annual Congress of the Council on Cardiovascular Nursing and allied Professions, from 13-15 June 2015 in **Dubrovnik, Croatia**.
- Speaker in the Second World Conference on Health Sciences, from 30th of April – 2nd of May 2015 in **Izmir, Turkey**.
- An invited speaker in National Nursing Conference: "Toward creativity in daily nursing practice", that held in University of Applied Sciences – Amman, November, 2014.
- Speaker and invited faculty member in the Euro Heart Care- 2014; Annual Congress of the Council on Cardiovascular Nursing and allied Professions, from 3-5 April 2014 in **Stavenger, Norway**.
- Speaker in Target Meeting's 3rd world cardiovascular, diabetes, and obesity **online conference**, September 16-18, (2013).



- Speaker in the Annual International Interdisciplinary Conference (AIIC), from 24-26 April 2013 in **Azores Islands, Portugal**.
- Speaker in the Euro Heart Care- 2013; Annual Congress of the Council on Cardiovascular Nursing and allied Professions, from 22-23 March 2013 in **Glasgow, Scotland**.
- Speaker in Target Meeting's 2nd world cardiovascular, diabetes, and obesity **online conference**, September 11-14, (2012).
- Speaker in the 12th Annual Spring Meeting on Cardiovascular Nursing, held from 16-17 March 2012 in **Copenhagen, Denmark**.
- Speaker in The Cardiology Congress "*Challenges and Update in Assessment and Management of Heart Disease and Risk Factors*" 10th – 12th of December (2011). **Istanbul – Turkey**.
- Speaker and chair of the Session 3: *Cardiovascular clinical research and practice* in the Target Meeting's 1st world cardiovascular, diabetes, and obesity **online conference**, September 22-24, (2011).
- Speaker in the BIT's 2nd International Congress of Cardiology (2010) "*Translational Medicine to Healthcare*". **Shangahi - China**.
- Speaker in the Third International JNC Nursing Conference (2010). "*The Heart of the Matter: Relevance of Nursing Responsiveness*". **Amman – Jordan**.



- Speaker in the International Nursing Symposium "*Building connections for Global nursing: Engage, Transform, Empower*" (2009). **Riyadh - Saudi Arabia.**
- Speaker in the Western Institute of Nursing conference "WINS" (2009). **Utah: Salt Lake - United State of America.**
- Speaker in the First Nursing Scientific day At Zarqa University (2009). "*Nursing Challenges in the Current Era*". **Zarqa University - Jordan.**
- Speaker in the Second International JNC Nursing Conference (2008). "*The Less Traveled Road: Search for New Realities*". **Dead Sea - Jordan.**
- Speaker in the Second Nursing conference of Al Al-Bayt University (2007). "*Where We are and What We Hope?*". **Mafraq, Jordan.**

Organizing Conferences:

- The Head of the Scientific Committee for the First International Nursing Conference- INC 2016 "*Improving Clients' Outcomes through Implications of Scientific Evidence*" to be held in Zarqa University, 6-7 April, 2016. **Zarqa University - Jordan.**
- Member in Organizing, and Administrative Committees for the First International Nursing Conference- INC 2016 "*Improving Clients' Outcomes through Implications of Scientific Evidence*" to be held in Zarqa University, 6-7 April, 2016. **Zarqa University - Jordan.**



- The Head of the Organizing Committee for the First Nursing National conference At Zarqa University (2010). *"Expanding Horizons of Nursing Profession: Science and Application"*. **Zarqa University – Jordan.**

Supervision of Theses:

- **External Examiner** in several Doctoral Dissertation Defense Committees, University of Jordan – Faculty of Nursing.
- **External Examiner** in several Master Thesis Defense Committees, University of Jordan – Faculty of Nursing.

Community Service Activities

- Organize and present Basic Electrocardiogram (ECG) Interpretation course for large number of nursing students (2012).
- Organize and present a specialized course about Basic Interpretation of the Electrocardiogram (ECG) that targeted large group of the Nursing students (2011).
- Organize and present a specialized course about First aids and Basic Cardiac Life Support (BCLS) in Al-Zahra' foundation that targeted large group of the community women. Al Rusifah, Jordan (2011).
- Conducted a specialized course about First aids that targeted large group of the University students (2010).
- Conducted a specialized course about Basic Cardiac Life Support (BCLS) training that targeted large group of the University students (2009).
- Conducted a specialized course about "Clinical Teaching Course" for the Clinical Instructors in the faculty of nursing. Zarqa University (2008).



Personal Information

Name		Nidal F. Eshah
Place and Date of Birth		Amman
Nationality		Jordanian
Marital Status		Married
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